



TAGORE MEDICAL COLLEGE & HOSPITAL

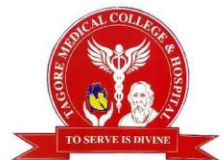
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(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

PROGRAM / EVENT REPORT	
Name of the program	Social Awareness Programme
Date and Time	31-05-2024; 11 am – 12.30 pm
Venue	TAFE, Pudupakkam
Target audience	Labourers working at TAFE, Pudupakkam
Number of Participants	60
Program Organised by	Department Of Respiratory Medicine, Tagore Medical College and Hospital
Resource person	
Objective of the Program	To educate about the harmful effects of tobacco To educate about the benefits of smoking cessation



Detailed report of the program

On 31 May 2024, the Department of Respiratory Medicine at Tagore Medical College and Hospital organized a social awareness camp at TAFE, Pudupakkam, in observance of World No Tobacco Day. The camp's primary goal was to educate workers about the harmful effects of smoking and the benefits of quitting. Sixty workers actively participated in the event, which featured informative speeches by Dr. Pranavi V., Senior Resident, in Hindi, and Dr. Vignesh N.K., Postgraduate, in Tamil. Dr. Pranavi's presentation highlighted the severe health risks associated with smoking, such as respiratory diseases, cardiovascular issues, and cancer, while Dr. Vignesh emphasized practical advice on quitting and the substantial health improvements following cessation. Their speeches were followed by an interactive Q&A session, allowing workers to voice their concerns and receive personalized advice. The event culminated in a significant moment where three workers took an oath to quit tobacco use, inspired by the day's insights and encouragement. The program was a resounding success, marked by the enthusiastic participation of the workers and the effective delivery of crucial health messages in their native languages.

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Photos



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Dr. Sathish Kumar. M	Dr. J. Muthukumaran
Organising Chairperson	Head of the Institution

